



ANNUAL REVIEW

2015

OUR MISSION

To provide support, education and information for people with Parkinson's and Parkinsonism conditions, their families, carers and health professionals.

OUR STRATEGIC OBJECTIVES ARE

- To ensure Parkinson's New Zealand is a reflective and well-managed organisation which works efficiently and effectively.
- To provide accessible and authoritative information, education and support services for people living with, affected by and treating Parkinsonism conditions.
- To raise awareness of Parkinsonism conditions and of Parkinson's New Zealand.
- To ensure that Parkinson's New Zealand is the leading, credible and expert voice in New Zealand on Parkinsonism conditions and the experiences of those affected by them.
- To initiate and support medical and social research.

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Cover Photo:
JOHN STOCKWELL

Below:
PEARL, KATE, ANDY AND LILY





FROM THE CHAIR

A YEAR OF CONNECTIONS.

The year kicked off with many of us connecting with the intrepid John Stockwell. His Ducati ride around New Zealand raising awareness and money for Parkinson's was truly inspiring. I was lucky enough to have John call in to Oamaru and stay a night. The connection of Parkinson's brought us together and the good humour and banter we shared has made us friends for life.

It did make me think more about the support we get from around New Zealand. Parkinson's New Zealand is a charity and that means we exist on the generosity of the communities we live in.

Luckily for Parkinson's New Zealand we live amongst a nation of givers – New Zealand has just been recognised as the second most generous country in the world.

The board of Parkinson's New Zealand completed a busy and aspirational work plan in 2015. I would like to thank all the board members for their time, skills and dedication to our mission and the people we support and advocate for. I would also like to thank our Chief Executive Deirdre O'Sullivan for her continued leadership and dedication to the vision and mission of Parkinson's New Zealand.

The board and I also enjoyed the opportunity to work with Stephanie Clare in the acting Chief Executive role during Deirdre's parental leave. The ease of this leadership transition was very pleasing and a true reflexion of the high calibre staff and skills we have in the team at National Office. Thank you Stephanie for the professional and enthusiastic way you took on this role and the continuity you provided to the board, national office and staff around the country.

Financial strain across many of our divisions has meant the board put a lot of time into investigating the best structure for our organisation. A proposal is being presented at the 2016 AGM. We see this as an excellent way forward without having to reduce our vital service. The proposal will also provide a great foundation for creating a viable and sustainable organisation.

Another important piece of work the board completed was investigating the legislative changes that will affect the way we operate. New financial reporting requirements mean we need to find ways to bring all financial information together to provide consolidated accounts for the whole country. The changes to the Incorporated Societies Act and Health and Safety Act were also a huge part of the board work plan in 2015. We looked at the impact these will have and changes required to future proof our organisation.

I was thrilled to see a connection and partnership develop between Parkinson's New Zealand and the Val Morgan Network during our awareness week. This was the first time we have had a national cinema commercial raising awareness. Many of our members face stigma and uninformed assumptions about Parkinson's. The aim of this campaign was to address public awareness about the impact of Parkinson's on people's lives.

FCB Auckland and Parkinson's Ambassador Jordan Luck stepped up to produce and provide the voice for this campaign and a complementary radio campaign. Our partnerships mirrored our key message during our campaign of Connecting People, Changing Lives.

The spirit of generosity was fantastic and we are keen to build on these relationships and work with them all in the future to capitalise on these important social messages.

I am pleased that current board member Murray Carey has agreed to lead the organisation in the Chairperson role in 2016. I am as committed as ever to the vision and mission of Parkinson's New Zealand and will remain at the table as a board member.

This year we welcomed three new board members, Susan Abraham, Judy Clarke and Jan Grigg and farewelled members Gary Frater, Gordon Hancock, Dilys Parker and Michael Sinclair. Thanks to them all for the contributions and commitment they made.

Andrew Dunn

PARKINSON'S NEW ZEALAND BOARD

Andrew Dunn, *Chair*
Susan Abraham • Murray Carey
Judy Clarke • Jan Grigg
Lloyd Jenkins • Kirby Taylor



CHIEF EXECUTIVE REPORT

This year was all about making and strengthening connections that change lives. At Parkinson's New Zealand we know that connecting with our service has a positive impact on people living with Parkinson's, their carers and loved ones.

The Chief Executive position was a shared one in 2015 as I went on parental leave and our Clinical Leader Stephanie Clare stepped into the role. It is a testament to the staff calibre, expertise and skills in the team we have at National Office that this transition was able to happen seamlessly.

Providing continuity and strong leadership were two of the guiding principles Stephanie brought with her to the role.

"I took up the Chief Executive role from March until October in 2015 and found the position came with both challenges and opportunities but also many chances to use the experience for learning and growing my own knowledge in a leadership role. One particular highlight was representing New Zealand at the Australian Parkinson's Conference in Adelaide and continuing the talks for a future Australasian Conference. I also enjoyed organising our AGM and using my newly acquired media training, representing Parkinson's New Zealand in the media on a range of topics."

Together Stephanie and I completed some key milestones and worked hard future proofing our organisation by making strong decisions and planning this year.

Our database roll out was completed. The database is a central and secure way to record digital health records so our clients receive the best care. In the future we hope to use the information to provide a bigger picture of Parkinson's and the impact of this condition in New Zealand. Using this format to store information is also in line with the Government's strategy to record information digitally throughout the health system. Now we are working on a database programme of continuous improvement, education and training. We will use our revamped internal digital newsletter *Parkinson's Post* to communicate future updates and upgrades.

We provided leadership for our branches and divisions for the legislative changes that are to have an impact on the way we operate, report and account for the work we do.

The upcoming year will see the introduction of new financial reporting standards, new responsibilities in health and safety and planning changes to our legal structures through the Incorporated Societies Act changes. This planning has meant we are now in a good position to transition to those new requirements.

Research is something we know is capable of changing lives around New Zealand and the globe. Parkinson's New Zealand is committed to initiating and supporting medical and social research. We were very excited to support the release of the most recent phase of breakthrough cell transplant research carried out by New Zealand Biotechnological Company, Living Cell Technologies (LCT) and led by Auckland based neurologist Dr Barry Snow.

Financially this has been a very challenging year with an ever changing funding landscape and full details of the impact are explained in our financial reporting on pages 6 and 7. To counter decreased income we talked face to face with many of our funders to understand their new funding models and have been looking at ways in 2016 to diversify the income streams we rely on.

Our workforce is highly skilled and informed. The collective expertise they have about Parkinson's is always impressive especially when you get a group together in one room at events like our AGM and Community Educator Conference. We would like to thank

everyone across the country for the work they put into to changing people's lives and representing the values of Parkinson's New Zealand.

Parkinson's New Zealand is a charity and we would like to thank our generous volunteers, donors, trusts, foundations, government agencies and corporate partners for the vital support and commitment they provide.

Corporate partners and volunteers Val Morgan, FCB Auckland, Spark Foundation and the Community Comms Collective (Wellington) need to be singled out for their generosity this year. They donated time, skill and expertise that enabled us to run a national cinema campaign, promote and increase payroll giving at Spark and upskill our team with media training.

Having a new member in the family was definitely life changing but we have all settled well into the challenges and joy of our new family dynamic. I have committed Parkinson's New Zealand to a full and complex work plan for the year ahead and looking forward to reconnecting with our staff, volunteers and divisions and partners across the country in 2016.

Deirdre O'Sullivan

FINANCIAL REPORTING

THE PARKINSONISM SOCIETY OF NZ INCORPORATED NATIONAL OFFICE OPERATIONS 2015 FINANCIAL SUMMARY

Parkinson's New Zealand's income significantly decreased this year compared to 2014. This was mainly due to a large bequest the Society was fortunate to receive in 2014. Offsetting this decrease was our grant income which increased from \$242,272 in 2014 to \$286,010 in 2015. Income from trusts, foundations and Lottery are important sources of funding. A full list of our funders can be found on page 15. Our fundraising appeals programme to existing supporters was expanded in 2015 with two new acquisition appeals to help grow our individual support base. These new donors along with the continued support of our current donors saw appeal income increase from \$66,754 in 2014 to \$82,532 in 2015.

The Upbeat Group income and expenses were both lower than in 2014 as there was no Upbeat Weekend held in 2015 (this event only runs every 18 months).

Continued investment in our Parkinson's Community Educator Service and our donor appeal programmes along with the expansion of the national database resulted in an increase in expenses from \$711,392 in 2014 to \$771,523 in 2015.

Bequest funding has provided significant funding totalling \$174,316 over the last 2 years. This success underlines the importance of our bequest programme work and building relationships with supporters and potential funders. To build on this we became a member of the New Zealand Include a Charity (IAC) bequest awareness campaign during 2015.

Parkinson's New Zealand recognises that a deficit of this size is not sustainable. We are working hard to increase our income streams through expanding our appeals programme, working with major donors and building partnerships with the business community while maintaining the quality and extent of our existing services.

AUDITED FINANCIAL STATEMENTS

This Financial Summary of National Office Operations for 2015 has been extracted from the audited Financial Statements of the Parkinsonism Society of NZ Inc. The 2015 Financial Statements for The Society have been audited and a qualified audit opinion was received. These audited Financial Statements are available on request from:

The Parkinsonism Society of NZ Inc.
PO Box 11 067, Manners Street, Wellington 6142
info@parkinsons.org.nz

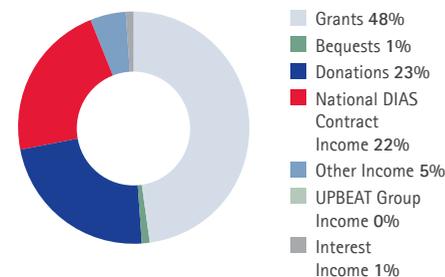
THE PARKINSONISM SOCIETY OF NEW ZEALAND INCORPORATED

NATIONAL OFFICE ONLY

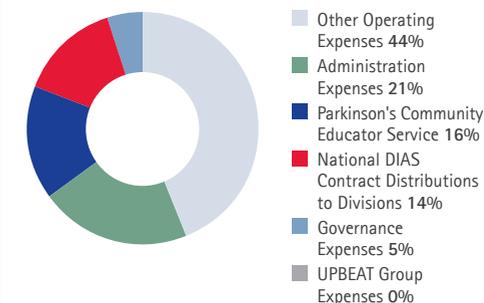
STATEMENT OF FINANCIAL PERFORMANCE FOR THE YEAR ENDED 31 DECEMBER 2015

	2015 (\$)	2014 (\$)
OPERATING INCOME		
Donations	133,117	136,011
Bequests	7,182	167,134
Grants	286,010	242,272
National DIAS Contract Income	128,999	128,757
UPBEAT Group Income	2,580	15,710
Interest Income	6,956	8,310
Other Income	27,779	27,127
TOTAL OPERATING INCOME	592,623	725,321
LESS OPERATING EXPENDITURE		
National DIAS Contract Distributions to Divisions	109,627	109,627
Parkinson's Community Educator Service	120,708	113,047
UPBEAT Group Expenses	2,010	20,071
Other Operating Expenses	340,312	289,977
Administration Expenses	159,449	150,658
Governance Expenses	39,417	28,012
TOTAL OPERATING EXPENDITURE	771,523	711,392
NET OPERATING SURPLUS / (DEFICIT)	(178,900)	13,929
PLUS RESTRICTED SPECIAL PURPOSE INCOME	89,336	77,959
NET SURPLUS / (DEFICIT)	(89,564)	91,888

2015 OPERATING INCOME



2015 OPERATING EXPENSES





PARKINSON'S AWARENESS WEEK

The theme for Parkinson's Awareness Week 2015 was *Connecting People, Changing Lives*. The week was about making great connections and reinforcing the important role Parkinson's New Zealand has connecting people to support, education and information.



NEW PARKINSON'S COMMERCIAL

This year we were able to spread more information and education about living well with Parkinson's across New Zealand. One of the key highlights was our partnership with Val Morgan Cinema Network and production house, FCB Auckland. They selected Parkinson's New Zealand as the recipient charity for The Young Lions Competition 2015.

Young people working in advertising were tasked with creating either a film or media campaign to fit a Parkinson's Awareness campaign brief. This resulted in us having a

professional commercial produced through generosity and volunteering.

Val Morgan then supported our awareness week by donating over \$140,000 of screen time on over 360 cinema screens nationwide for our campaign commercial.

The key messages of this public campaign were specifically chosen to challenge some myths about who Parkinson's affects and how; promote the work of Parkinson's New Zealand and to raise money.

Our awareness week commercial had great media coverage and was showcased on Seven Sharp. Social media was abuzz with coverage via Facebook, twitter and over 1500 views on our YouTube channel.

Parkinson's Canada was so impressed with our commercial they are working with our team to adapt it for their awareness campaign in 2016. We have also entered it in the 2016 World Parkinson's Congress video competition.

AROUND THE COUNTRY

Our branches and divisions were able to use the campaign to show how we connect people in so many different ways. These include connecting people to the right support, helping our donors and funders

connect with a great charity that creates real impact and promote living well through connections between exercise and better health for people living with Parkinson's. The campaign emphasised the importance of information in helping people with Parkinson's to live better lives.

There were bucket collectors and information stands on the streets, in malls and community centres across New Zealand. We had unprecedented coverage in cinemas and visibility across national and regional television and newspapers. Many radio stations in the New Zealand Media and Entertainment (NZME) group played our 30 and 15 second commercials voiced by our Ambassador, Jordan Luck.



OTHER INNOVATIONS

One of our volunteer champions, Donna Darlington, created a new micro site to urge volunteers to join our street collection team in Wellington. She also donated banner advertising on Seek and Trade Me

that connected people to the microsite. This innovative use of technology to recruit volunteers definitely helped us and inadvertently provided nationwide support with many people signing up volunteer in other regions.

Two new posters, a how to donate card and an appeal bookmark were also produced to promote our work.

The popularity of the coffee cup lid awareness campaign resulted in it being repeated again this year. These cups introduce the idea that coffee may one day be used to treat Parkinson's and directs people to our website.

We know that one of the most successful ways to raise money in New Zealand is through individual giving. As a charity we know that there is a lot of competition for people's charity dollar. To capitalise on the visibility and awareness we created during Parkinson's awareness week we targeted 20,000 new supporters by running a concurrent acquisition appeal.



PARKINSON'S COMMUNITY EDUCATOR SERVICE

This year's Community Educator Conference was held over three days, giving our team plenty of time for discussions, team work and informal catch ups and networking. Many of the new Community Educators buddied up with some of our more experienced staff and strong friendships were forged. They all enjoyed the range of excellent speakers including a neurologist, a neurophysiologist, a pharmacist, a geriatrician, a psychiatrist and a dancer. Our Community Educators also tapped into their own knowledge and skills through a poster competition. The high calibre of these means they can now be used as a basis for abstract submissions for conferences on the global stage.

Our awareness week campaign also highlighted the life changing connections our Community Educator Service provides. The difference our home visit assessments and referrals make in the lives of people living with Parkinson's and their families is seen every day. The estimated cost saving to the New Zealand health system of our Parkinson's Community Educator service is between NZD 1-2million¹ per year. This is through fewer specialist appointments and avoidable time spent in hospitals².

The value of our Community Educator Service was at the forefront of two stories from Ted Watson and Isobel Habraken that we shared

Our Clinical Leader programme, the Parkinson's Community Educator Service and our Clinical Leader, Stephanie Clare, have been recognised as innovators and leaders. Stephanie has been asked to Chair the newly established New Zealand National Clinical Leadership Group and was elected as a Consumer Advisory Committee Member for PHARMAC.

with our individual financial supporters. This gave them a better understanding of the impact their generosity has when combined with our service and the supportive relationships our Community Educators build for people living with Parkinson's.

"I know much more about Parkinson's now than I did 3 years ago and I also really appreciate the excellent support that Parkinson's New Zealand gives to people like me. What really helps me is going to the regular support group sessions hosted by our Parkinson's Community Educator" Ted Watson, Tauranga.

"My Parkinson's Community Educator visited me at home with information, fact sheets and tips. She helped explain the physical changes and also the changes people don't see like pain, low moods and anxiety" Isobel Habraken, South Canterbury.

Thank you to all of our Community Educators across New Zealand for making such a difference in the everyday lives of people living with Parkinson's. Thank you all the Division and Branch Committees for ensuring we continue to provide the quality service.

- 1 Parkinson's Australia 2014: Parkinson's Nurse Specialist Paper
- 2 MOH – Report on New Zealand cost of illness studies of LTC's (2009)

WHAT DOES THE COMMUNITY EDUCATOR SERVICE PROVIDE?

Home visits. These provide individualised advice through a personal assessment. Our Community Educators work with the person with Parkinson's, their family and carers to provide information and support to an agreed plan that promotes best health and lifestyle.

Support groups for members with similar needs or issues. This may include groups for people with Parkinson's, carers, or people with early onset Parkinson's. These groups come together to share coping strategies and experiences and are a chance to establish social networks. These meetings also provide relevant information and educational opportunities, and speakers.

Referrals. Community Educators can give advice and liaise with health professionals and others who work with people with Parkinson's in the community.

Advice on how to monitor the effects of medication. Parkinson's medication routines are unique to each individual and your Community Educator can help with information about managing side effects, 'on and off' periods and sleep problems.

General advice. Community Educator can provide advice on how to arrange mobility vouchers, parking permits, home help and

other general assistance. Work alongside GPs, specialists and other health professionals. Community Educators work as part of a multi-disciplinary team and provide education and information to health professionals such as physiotherapists, occupational therapists and speech therapists.

Educational seminars. Many of Parkinson's New Zealand's branches and divisions organise educational seminars. Education seminars provide access to a variety of speakers including neurologists, Parkinson's researchers, pharmacists and other health professionals.

Training. Provide training and information for staff at rest homes. Community Educators will work with staff at rest homes, hospitals and care facilities to provide training and advice on best practice for the care of people with Parkinson's.

Raise awareness of Parkinson's. Community Educators work with the general public answering requests for information and providing educational material via health providers, hospitals and medical centres.

Research. Community Educators are often involved in or made aware of research studies. They can let you know of opportunities to be involved in research.

Advocacy. Our Community Educators can assist with conversations with hospitals, specialists and employers.



GET GOING FOR PARKINSON'S

We had many 'Get Going' volunteer fundraisers help out in 2015 and we would like to thank you all.

Three exceptional standouts were John Stockwell, Rachael Brand and the Legends Relay Team.

OLYMPIC LEGENDS RELAY

A great coup to start the year for Parkinson's New Zealand was being asked to be a recipient charity again for the Legends Relay held at the Swimming New Zealand Zonal Championships on 8 February in Auckland.

Our team were third in the amount of money raised (over \$3000) and sixth in the pool. Our thanks for the great effort go to our team of Olympic Swimmers Richard Lockhart, Natalie Wieggersma, Daniel Bell and Olympic Rower Juliette Drysdale.

JOHN STOCKWELL

2015 saw kiwi born John Stockwell of South Australia leather up for an epic ride around New Zealand mirroring a trip he had recently taken across Australia. The aim: to raise Parkinson's awareness, lift people's spirits and raise some funds on the way.

John drove around much of the North and South Islands from late February until mid-April meeting and inspiring many of our members, staff and volunteers. Calling himself a medical condition with a motorcycle problem, John's love of motorcycling is apparent. He attended meetings around the country as well as motor bike rallies and special events, clocking up a significant amount of media coverage along the way.

RACHAEL BRAND

Rachael Brand was living and working in Oslo when she contacted us to say she was running the Paris Marathon to raise money and awareness for Parkinson's New Zealand. Rachael was inspired by her mother Heather who lives with Parkinson's.

This may be the first time she has fundraised for Parkinson's New Zealand but she assures us it won't be her last. In fact we hear she is already signed up to run in Auckland when she returns to live in New Zealand in 2016.

www.parkinsons.org.nz/fundraising/get-going-parkinson's

Photo: RACHAEL BRAND



PROVIDING INFORMATION

PUBLICATIONS

The Parkinsonian magazine continues to prove popular with our members but we are always striving to look at ways to improve and find the things that really have an impact. This year we included four new fact sheets on *Brain Health - exercise, nutrition, creativity, relaxation, Parkinson's and swallowing, Parkinson's and complementary therapies* and *Parkinson's and dental health*. The popularity of this publication and our growing membership saw us increasing the print run from 5000 to over 6000 copies per issue in 2015. The varieties and calibre of articles we cover are well received and we are often asked for the right to reproduce by other publications. In 2016 we will be undertaking a survey to understand the needs of our readers, the hits and misses and any improvements we can make to improve content for this publication.

UPBEAT

(Understanding Parkinson's by Belief in Education, Attitude and Treatment) magazine for people with early onset Parkinson's has taken the first step to being a digital publication in pdf form. We are capturing more email addresses and looking at a range of accessible digital formats as that is the expectation from this group of our members. We also started an email alert service for this group for when we have a time-dependent or important issue or topic to share.

It is important that Parkinson's New Zealand keeps up to date with advances and changes impacting on people living with Parkinson's. We strive to ensure the information we publish is the most accurate, trustworthy and up to date. This year we reprinted and updated four popular publications – the Medication for the Treatment of Parkinson's booklet and three brochures Multiple System Atrophy Disorders (MSA), Progressive Supranuclear Palsy (PSP) and Introduction to Parkinson's (English).

DIGITAL STRATEGY

We continue to look at ways to circulate national and global information. Our online presence, reach and engagement grew in 2015 with increased use of social media via YouTube, Facebook and Twitter and a huge jump in people visiting our website. We renamed, rebranded and renewed "Parkinson's Post" our digital internal communication. Completing the national database rollout was another significant digital milestone.

AGM

Dr. Louise Parr Brownlie, a neurophysiologist and lecturer in the University of Otago's Brain Health Research Centre in Dunedin, spoke about a revolution in brain science – optogenetics. Maori TV filmed her presentation at our AGM as part of a program on inspiring Maori and the impact of Louise's pioneering research for those living with Parkinson's.

Photo: LOUISE PARR-BROWNLIE



AROUND THE COUNTRY

Parkinson's New Zealand's divisions and branches provide services to people with Parkinsonism conditions at a local level. To do this they raise funds and awareness in their community and we are fortunate to have so many committed volunteers who undertake this work.

EDUCATION SEMINARS

Throughout the year our National Office, branches and divisions run a wide variety of educational seminars for members, health professionals and allied workforces. Annually we celebrate and get involved in seminars for World Parkinson's Day and Brain Day. Our national AGM combines an educational seminar of high calibre speakers to provide a further learning opportunity for our staff and volunteers.

GROUP ACTIVITIES

Our branches and divisions run group activities for people with Parkinson's and their carers.

Support groups – these groups provide an opportunity for education on different aspects of living with Parkinson's. We know that with information people with Parkinson's can live better lives and make better decisions about

managing their condition. We run a variety of groups depending on the demand and members needs in a particular region e.g. groups for carers, men, or people with early onset Parkinson's.

Exercise groups – regular exercise is important for people with Parkinson's as it can help delay the onset of some of the changes they may experience as a result of their condition and improve their general wellbeing. Groups run by branches and divisions range from general exercise classes to activities like gym clubs, boxing, yoga, tai chi, dance, tango, nordic walking and pilates.

Social activities – people with Parkinson's can become socially isolated, so outings and social activities organised by branches and divisions can be a great opportunity for members to meet each other and spend time together having fun.



THANK YOU TO OUR FUNDERS



Iris and Eric Nankivell Trust | Bernie and Kaye Crosby

David Levene Foundation | The Alexander Harold Watson Charitable Trust



MEDICAL ADVISORY PANEL

*Parkinson's New Zealand is fortunate to work with a panel of health professionals working in a range of fields. The Society consults the panel on new publications, updates to existing publications and relevant sections of *The Parkinsonian* and the *UPBEAT* newsletter.*

PROFESSOR TIM ANDERSON

Professor Anderson is a neurologist at the Christchurch School of Medicine, Christchurch Hospital and the New Zealand Brain Research Institute.

DR STEPHEN CHALCROFT

Dr Chalcroft is a Geriatrician with the Southern District Health Board and an Honorary Lecturer in the School of Medicine at the University of Otago.

DR ALISON CHARLESTON

Dr Charleston is an Auckland Medical School graduate practicing in Geriatric Medicine and Neurology, primarily at Auckland Hospital and in private practice.

DR MATTHEW CROUCHER

Dr Croucher is an Old Age Psychiatrist working for the Canterbury District Health Board with special interests in Parkinson's and in the dementias.

PENNEY KEMP

Education Programme Manager, Nursing and Education Team, Nurse Maude.

LORRAINE MACDONALD

Movement Disorders Nurse Specialist, Neurology Department, Auckland City Hospital.

DR JONATHAN SIMCOCK

Dr Simcock is a retired Neurologist.

DR ALTHEA LORD

Dr Lord is a retired Geriatrician.

Photo: LORRAINE MACDONALD

THE WORLD PARKINSON'S CHARTER

The charter was declared and signed by Parkinson's New Zealand on World Parkinson's Day on 11th April 1997.

The charter provides a central focus and opportunity for people with Parkinson's from all around the world, their families, and healthcare professionals to work together to promote awareness and increase the profile of Parkinson's.

PEOPLE WITH PARKINSON'S HAVE THE RIGHT TO:

- Be referred to a doctor with a specialist interest in Parkinson's,
- Receive an accurate diagnosis,
- Have access to support services,
- Receive continuous care, and
- Take part in managing the illness.



PARKINSON'S NEW ZEALAND

Connecting People. Changing Lives.

You can help us change the lives of people living with Parkinson's and their families and carers today.

Parkinson's is a brutal condition and we need your support to provide education, information and support for the 10,000 kiwis directly affected by Parkinson's.

HOW YOU CAN DONATE

CASH, CHEQUE OR PHONE

You can bring in a cash donation in person, send a cheque or phone 0800 473 4636 to make a credit card donation

DONATE ONLINE

Via our website www.parkinsons.org.nz

ONLINE BANKING

Our bank account number is
03 0502 0727744 00

**DONATE
NOW**



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